

THE ASTHMA CONSULTATION - QUESTIONS TO CONSIDER

- How many times a week do you need to use your reliever?
- Check inhaler/spacer technique
- Current medication
- Check adherence
(some people with asthma stop taking their preventer medication when they feel better – do you always take yours?)
Any increase in
- Hospital admission or ED visit or GP emergency visit
- Adverse effects of medication
- Action plan

REFERENCES

1. Asthma Management Handbook 2002 5th edition
2. Emergency Management of Asthma (NAC) www.nationalasthma.org.au
3. Pharmacotherapeutic Management of Asthma; National Prescribing Service, Nov 2003

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